

CHAMINADE MIDDLE SCHOOL ATHLETIC DEPARTMENT



FALL SEASON TRYOUTS 2017 – Updated as of July 26, 2017

- No Sign-ups required – report to the tryout on the dates & times listed below
- Athletes are not required to attend all of the tryout dates but should make an effort to attend as many of the dates as possible. Athletes must attend/participate in at least one tryout to be considered for a team. There are no make-up tryouts.
- Athletes may only participate on one Fall team during the Fall Season. Year-round team members must consult with their coach, as well as the Fall sport coach, whether it is feasible to participate in a Fall Sport and Year-round team.
- Tryout Schedule is subject to change

Sport	Grade	Tryout Dates	Time	Additional Notes
Tackle Football Practices	7 th & 8 th Grade ONLY	Wed. Aug. 2 Fri. Aug. 4 Sat. Aug. 5 Mon. Aug. 7 Wed. Aug. 9 Thur. Aug. 10 Sat. Aug. 12	4:00-6:00pm 4:00-6:00pm 9:00-11:00am 4:00-6:00pm 3:30-5:30pm 3:30-5:30pm 9:00am-12:00pm	Open to any 7 th -8 th grade boy or girl 1 Delphic Teams (7 th -8 th grade) Approximate # of players = 20-40 players per team Location: Main Field Conditioning Practices: 8/2-8/10 Uniform/Equipment Issue 8/11 *Medical Physical Exam Form due 8/11 Pad/Contact Practices begin 8/12
Cheerleading	7 th & 8 th Grade	--- ---	---	Team selection completed - May 2017
Cheerleading Tryouts (year-round)	6 th Grade ONLY	Mon. Aug. 14 Tues. Aug. 15 Wed. Aug. 16	3:15-5:00pm 3:15-5:00pm 3:15-5:00pm	Open to any 6 th grade boy or girl 1 Team (6 th grade) Approximate # of members = 12-15 members Location: Gym (8/14-8/16)
Dance Team Tryouts (year-round)	ALL Grades	Tues. Aug. 15 Thur. Aug. 17 Fri. Aug. 18	3:15-5:00pm 3:15-5:00pm 3:15-5:00pm	Open to any 6 th – 8 th grade boy or girl 1 Team (6 th -8 th grade) Approximate # of members = 12-20 members Location: Gym (8/15-8/18)
Girls Tennis Tryouts	ALL Grades	Mon. Aug. 21 Tues. Aug. 22 Mon. Aug. 28	3:30-5:00pm Daily as scheduled	Open to any 6 th – 8 th grade girl 1 Delphic Team (6 th -8 th grade) Approximate # of players = 12 players *Tryouts at CSU Northridge (see below for directions) * Please arrange own transportation to & from CSUN
*Swimming Tryouts Boys & Girls	ALL Grades	Mon. Aug. 21 Tues. Aug. 22 Wed. Aug. 23	3:15-5:00pm Daily as scheduled	Open to any 6 th -8 th grade boy or girl 1 Delphic Boys & Girls Team (6 th -8 th grade) Approximate # of players = 20-30 members *Practices at Egremont School – coaches will walk athletes to and from practice Meet Coach at Middle School Amphitheater **Parents are NOT allowed in Egremont School
Cross Country Practices Boys & Girls	ALL Grades	Tues. Aug. 22 Wed. Aug. 23 Tues. Aug. 29	3:15-4:45pm Daily as scheduled	Open to any 6 th -8 th grade boy or girl 1 Delphic Boys & Girls Team (6 th -8 th grade) Approximate # of players = Unlimited/No Cuts Meet Coach at Middle School Amphitheater
Flag Football Tryouts	7 th & 8 th Grade ONLY	Wed. Aug. 16 Thur. Aug. 17 Fri. Aug. 18	3:15-4:45pm Daily as scheduled	Open to any 7 th -8 th grade boy or girl 1 Valley Catholic “A” Level Team Approximate # of players = 13-15 players/team Location: Main Field
Flag Football Tryouts	6 th Grade ONLY	Mon. Aug. 21 Tues. Aug. 22 Wed. Aug. 23	3:15-4:45pm Daily as scheduled	Open to any 6 th grade boy or girl 1 SFV League “6A” Level Team (6 th grade) 1 Valley Catholic “6B” Level Team (6 th grade) Approximate # of players = 13-15 players/team Location: Main/Softball Field
Girls Volleyball Tryouts	7 th & 8 th Grade ONLY	Mon. Aug. 21 Tues. Aug. 22 Wed. Aug. 23	3:15-4:45pm Daily as scheduled	Open to any 7 th -8 th grade girls 2 Delphic Teams (8 th & 7 th grade teams) 1 Valley Catholic “A” Level Team Approximate # of players = 10-12 players/team Location: Gym
Girls Volleyball Tryouts	6 th Grade ONLY	Mon. Aug. 28 Wed. Aug. 30 Thur. Aug. 31	3:15-4:45pm Daily as scheduled	Open to any 6 th grade girl 1 Delphic “6A” Team (6 th grade) 1 Valley Catholic “6B” Level Team (6 th grade) Approximate # of players = 10-12 players/team Location: Gym 8/28 - Outdoor Courts 8/30-8/31

Fencing Tryouts Boys & Girls (year-round)	ALL Grades	Tues. Aug. 22 Tues. Aug. 29 Thur. Aug. 31	3:15-5:00pm Daily as scheduled	Open to any 6 th -8 th grade boy or girl 1 Co-ed Team (6 th -8 th grade) Approximate # of members = 20 members Location: Student Center
Equestrian (year-round)	7 th & 8 th Grade ONLY	NA	NA	Open to any 7 th or 8 th grade girl or boy 1 Team composed of HS and MS students Approximate # of members = Unlimited <i>See Athletic Director for more information</i>

**Swimming Tryouts - Team will be limited to 20-30 athletes (boy/girls combined). Athletes attending the tryout should know how to swim and be ready to demonstrate any/all strokes they may know.*

NOTE: The Tryout Schedule is subject to change. Rain/Weather/Smoke conditions may affect tryout schedule. Cancellations, if needed, will be made that day at 1pm and will be announced over the school PA system. Please check with the school office after 1pm.

TRYOUTS: INFORMATION

There are no signups required ahead of time to participate in tryouts (The Athletic Department schedules multiple days for tryouts so that students can attend a tryout should there be a conflict on a particular day. Students are not required to attend all of the tryout dates to be considered for a team. Students are encouraged to attend as many tryouts as possible but must attend/participate in **at least one tryout** to be considered for a team. If a student cannot make a tryout date, he/she should notify the coach and/or Athletic Director. The AD will forward information to the coaches. There are no make-up tryouts. Students that decide to withdraw from trying out before the team is posted need to let the coaches know as soon as possible.

TRYOUTS: FALL TRYOUT / PRACTICE WEAR & EQUIPMENT

Student/Athletes should bring appropriate athletic clothing to wear at tryouts (no spaghetti-strap tanks or mid-drifts). PE clothes are ok to wear.

- Swimming – please bring swim suit & towel
- Tackle & Flag Football – Mouthpiece required; Cleats are optional
- Volleyball – Knee pads are optional
- Outdoor Sports - Please bring water and sunscreen.

TRYOUTS / PRACTICES: OFF-CAMPUS VENUES & TRANSPORTATION

Parents must provide transportation to and from off-campus tryout/practice venues. Chaminade does not provide transportation to off-campus practices or games.

CALIFORNIA STATE UNIVERSITY, NORTHRIDGE (Tennis)

18111 Nordhoff St.
Northridge, Ca. 91330
(818) 677-1200

Take Devonshire east; Right turn on Zelzah Ave.; continue past Lassen; tennis courts on right after student housing; parking is available on street

EGREMONT SCHOOL (Swimming)

19850 Devonshire Street
Chatsworth, CA 91311
(school is adjacent to Chaminade Middle School; entrance gate on Oakdale Ave)
Chaminade Swimmers ONLY; Students meet coaches at amphitheater and walk together over to Egremont School. *As per agreement with Egremont, Chaminade parents may not enter Egremont School to observe practices.*

ATHLETIC TEAM ROSTERS – At the conclusion of a sport tryout, the team roster will be posted on the Chaminade Web-site. Go to [“Middle School Athletics”](#); then [“Tryouts & Rosters”](#), locate the appropriate level team and click. Team rosters will be posted at approximately 8:00pm on the day following the last tryout for that sport. If roster does not appear, please check back the following day.

ATHLETIC TEAM PRACTICES & GAMES – Team practices and games will be posted on the Chaminade Web-Site in the Middle School Athletics Calendar. While on the Athletics Calendar, **click** on [“Practices”](#) or the event desired to see detailed information about practice or games. A game schedule/roster with venue directions will be issued to team members once all games have been confirmed and finalized.

SWIM TEAM FITTING – All athletes participating on the swim team **must** have a 2017 Chaminade team swimsuit for competition. Chaminade has partnered with Conejo Swimworks to outfit our swim team. The team fitting date is scheduled for **Wednesday, August 30** in the lobby of the gym from 3:00pm-5:00pm. A representative from Conejo Swimworks will be on hand with sample suit sizes along with other swimming items for sale. Please see Ms. Holtke or Ms. Khoury for more information.

FALL & YEAR-ROUND SPORTS ORIENTATIONS – All athletes that are selected or rostered on a team should have one of their parents attend the Fall/Year-Round Sports Orientation. General rules and program philosophy, parent involvement, transportation, and carpools will be discussed. Team coaches will meet with their team parents and cover specific team rules and expectations. Once teams have been selected, you will be given access to begin our online sign-up procedure.

FALL & YEAR-ROUND SPORT ORIENTATIONS 2017-2018

Team	Date	Location
Tackle Football	Wednesday, August 23 rd 5:30pm	Middle School Gym <i>(following practice)</i>
Girls Tennis	Thursday, August 31 st 5:00pm	CSU Northridge <i>(following practice)</i>
Fencing	Tuesday, September 5 th 5:00pm	Student Center <i>(following practice)</i>
All Flag Football teams All Girls Volleyball teams Swimming, Cross Country 6th grade Cheerleading	Thursday, September 7 th 5:00pm	Middle School Gym <i>(following practice)</i>
Equestrian	Date: TBA Time: TBA	Chaminade High School Room # TBA

ONLINE SIGN-UP & SPORTS FEES – Chaminade Athletics has gone “paperless”. Access to the online to fill out forms and fees will be given once the teams have been posted. Please be sure to read the instructions and fill out everything. There will also be a link to pay Sports Fees online. If you have any questions, please contact Athletic Administration Assistant, Melissa Reyes mreyes@chaminade.org.

FALL TEAM PICTURE DAY – Scheduled for Thursday, September 21. An order form and schedule for team pictures will be available online as we near the picture date. Team Parents will be emailed the order form and schedule to distribute to their team.

TEAM UNIFORMS – Will be issued out by the Athletic Department following the posting of teams and the completion/submission of all online fees and forms. Athletes will report to the gym kitchen on a scheduled date and time to receive their uniform. Athletes that have not submitted all of their paperwork or fees will not be issued a uniform until it has been done.

Cross Country Team will be issued a Team Singlet and Team Shorts

Flag Football Teams will be issued a Team Jersey and Shorts

Tackle Football Team will be issues Helmet, Chin Strap, Shoulder Pads, Practice Jersey/Pants, Game Jersey/Pants, 7 set pad and a pair of Navy Socks. Parents will need to purchase a mouth piece and cup and can upgrade the Chin Strap if desired.

Swim Team must purchase their swimsuit from Conejo Swimworks at the Team Fitting.

Girls Tennis Team will be issued a Team Jersey and Skort

Girls Volleyball Teams will be issued a Team Jersey. Parents provide bottoms – Athletes may wear a pair of Navy Blue Spandex/Lycra Compression Shorts or a pair of Navy Blue Shorts.

Athletes will need to return their uniform at the end of the season on a specific date and time. Athletes that do not turn in their uniform on the due date will receive a detention from the Deans. Student/athletes and their parents will be responsible for replacing any damaged or missing uniform items.